



September is National Preparedness Month

As demonstrated by the Boston Marathon bombing on April 15, 2013, and other tragic events such as Hurricane Sandy that have shaken our nation, Americans help each other. We, as a nation, are ever ready to take care of each other in emergency and disaster situations.

People who have training in disaster services prove to be the most effective. The Northeast North Carolina Medical Reserve Corps (NENC MRC) is recruiting volunteers to be part of the program that will help in those situations, and many more.

Training will be provided for disaster situations and community outreach to help citizens prepare for disasters. Additionally, volunteers will be trained to assist first responders wherever there's a need when an emergency/disaster strikes.

September is National Preparedness Month and the theme **"YOU CAN BE THE HERO"** is a call to action. Answer that call, become a local hero – join the NENC MRC! For more information about becoming a volunteer, visit www.nencmrc.org or contact Ashley Stoop at 252-337-6716 or by email at astoop@arhs-nc.org.

You can also contact Hyde County Preparedness Coordinator Melissa Sadler, RN, Public Health Nurse II, at 252-926-4389 or by email at msadler@hydehealth.com. You can also visit the Hyde County Health Department Web Site at <http://www.hydehealth.com/> where you can find information in case of a disaster or a hurricane – click on the Public Health and Preparedness tab.